

THE  
YOUNG MEN'S  
HEALTH FORUM  
SYDNEY WEST

A FULL DAY OF KEYNOTE SPEAKERS AND  
WORKSHOPS FOR YEAR 10 MALE STUDENTS  
**MONDAY 26TH OF MARCH 2018**

**CONV//CT//ON**  
PEOPLE / STORIES / PERSPECTIVE GROUP

## VISION //

A generation of empowered young Australians capable of taking responsibility for their personal health.

## OBJECTIVE //

The forum objective is to encourage young males to re-evaluate their perspectives on pivotal issues concerning young men's health and provide them with the tools to enhance their decision-making.

## SPEAKERS //

The forum utilises expert speakers to inform, engage and influence students on pivotal discussion topics concerning young men's health. These topics include mental health, healthy relationships, drugs, violence, resilience and leadership.

## GROUPS //

Following each speaker, small group sessions will be used to reinforce key principles, stimulate discussion between students and provide students with the practical tools to deal with these issues. Students will be individually assigned to a group at the forum, and each group will consist of students from different schools. Students will listen to speakers and complete small group sessions led by Conviction Group facilitators. Each facilitator possesses leadership experience and has demonstrated a high standard of integrity within their respective community, workplace or university.

## EVENT DETAILS //

**DATE:** Monday, 26th of March 2018

**TIME:** 8:00am – 3:10pm

**LOCATION:** Parramatta RSL  
O'Connell St & Macquarie St, Parramatta NSW 2150

**AUDIENCE:** Year 10 male students

**COST:** \$40 per attendee (excl. GST)

**FOOD:** Snacks, morning tea and lunch will be provided.

## HOW TO REGISTER //

### STEP 1 - SCHOOL REGISTRATION FORM

Complete the online registration form here:

[convictiongroup.org.au/SW18](http://convictiongroup.org.au/SW18)

The registration form will include the following:

- Contact details
- Registration conditions
- Payment conditions
- Number of attendees
- Online signature.

### STEP 2 - MEDIA PERMISSION, ATTENDEE DETAILS AND PAYMENT

Once the school has submitted their online registration form, schools will receive a return email. Schools must complete 3 mandatory requirements to finalise their attendance at the forum:

- 1. Media Permission:** schools will be required to include a media permission disclaimer into their school permission note. This disclaimer will be attached in the return email.
- 2. Attendee Details:** a document with an attendee details table will be attached in the return email. Please complete this table and send the document back to Conviction Group via email by Monday, 5th of March 2018.
- 3. Payment:** an invoice will be sent to schools within two days of the online registration form being submitted. This invoice will be for the value of the total number of attendees registered.

## REGISTRATION CONDITIONS //

**ATTENDEE DETAILS DUE:** Monday, 5th of March 2018

**Media Permission:** at each forum, Conviction Group captures moments of the event through photo and video. Due to the size of the event, students may be photographed and/or filmed during the day. All attending students will require media permission from their parent/guardian.

**Maximum Attendees:** schools may send a maximum of 15 students and 2 accompanying teachers to attend the forum.

**Payment:** the payment due date is 4 weeks from the date of registration. Please note that given the limited number of seating and schools attending, any booking cancellations or reductions to the number of attendees registered after the online registration form has been submitted will still hold the school liable for full payment.

**Feedback Questionnaires:** during the forum, students will be asked to complete an anonymous questionnaire about key health topics, as well as a forum feedback form. This information will allow Conviction Group to better understand the knowledge young men have regarding various topics and will help improve future programs. All data may be used on print, electronic and/or social media platforms.

**Transport:** Conviction Group is not responsible for transport and parking to and from the venue.

**Speakers:** whilst Conviction Group provides speakers with a briefing on their respective topics, the experiences and opinions shared are those of the speaker and Conviction Group does not officially endorse or claim ownership of any content shared by these speakers.

**Student Name Changes:** whilst a school confirms the number of students attending at the start of the registration process, changes to the attendee details can be made up until Wednesday, 14th of March close of business.

## DAVID O'NEIL // Opening Address

David O'Neil is the Group Chief Executive Officer of the Castle Hill RSL Group; encompassing Castle Hill RSL Club, Parramatta RSL Club, Lynwood Country Club and Castle Hill Fitness & Aquatic Centre. The group has over 580 employees and 50,000 members. Over the last 4 years, David and his club have partnered with Conviction Group to support the next generation of young men. David is very passionate about young men's health and will be providing the opening address.



## DON DARKIN // Resilience

Mr. Darkin joined ResMed in August 1999 as Vice President of Product Development and is identified as an inventor or co-inventor on 81 granted patents worldwide. Don Darkin became president of ResMed's Innovation and Operations in December 2014. Don aims to explore the idea of 'resilience' through his truly remarkable personal story which challenges, empowers and inspires audiences.



## DANIEL MERZA // Leadership

Bullied for a decade, diagnosed with a mental illness at 13, and labelled as a student with "no hope", Daniel turned his life around aged 16 - to create a life of achievements as a Chartered Accountant, Event Host MC, Motivational Speaker, and Author of "Get the Monkeys Off Your Back". Daniel aims to educate, empower and inspire teens to break through barriers and build their resilience to reach their full potential.



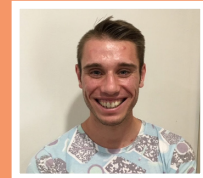
## KATHY KELLY // Kindness

Kathy Kelly lost both of her 18-year-old sons in separate and very tragic circumstances. She shares her story to give us an insight into the consequences that violence has had on her family, those who love them and the community as a whole. Kathy aims to educate young men on making good decisions when out having fun and to encourage those feeling isolated to speak out and seek help.



## KIERAN BILLETT // Drugs

Kieran Billett is a recent graduate of ONEBOTC. Kieran started using drugs and alcohol as early as 12. After Year 10, Kieran started working and soon after, developed a drug addiction; including the use of marijuana and ice. At 19, Kieran ended up in prison. After 8 months, he was accepted into ONEBOTC and now has completely turned his life around. Kieran is passionate about sharing his story and aims to encourage young people to live happy and safe lives.



## LYN WORSLEY // Healthy Relationships

Lyn Worsley is a Clinical Psychologist with a background in nursing, teaching, and youth work. She is the Director of The Resilience Centre in Epping, which has a reputation for quality research, training and therapy. Lyn is the author of the Resilience Doughnut, a pioneering model showing the strong contexts where resilience is enhanced, both during development and throughout adulthood. Lyn aims to educate young men on the importance of healthy relationships.



## MARCO CAPOBIANGO // Mental Health

Over the past 6 years Marco has worked with thousands of young people as a Mentor, Public Speaker and a Teacher's Aide. Marco co-founded Conviction Group, is currently the Head Mentor of its Boys Mentoring Program and has been recognised as a Pride of Australia Medal - Young Leader Finalist. He aims to break the stigma surrounding mental health and educate young men on the importance of understanding the causes and implications of mental health.



## CHRIS LEE // Violence

After a physical altercation on a night out, Chris is now permanently blind in his left eye and had to undergo cheek reconstruction surgery on the right side of his face. Chris co-founded Conviction Group and over the past 6 years has spoken to thousands of young people about risk taking decisions. Chris is an advocate for cultural change who aims to motivate young people to take responsibility for their decision making and capitalise on the opportunity life presents.



## CONTACT //

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convictiongroup

 LINKEDIN  
Conviction Group

## TESTIMONIALS //

**FATHER CHRIS RILEY // CEO and Founder**  
**Youth off the Streets**

'Young men's health is a very important issue and it was great to play a part in helping year 10 boys find strength within. Boys will often remain silent when something is wrong, the forum facilitated important discussions between participants around the importance of young men's health'

**STEVE BOULUS // Teacher**  
**Marian Catholic College**

'Excellent. The quality of the speakers and their presentations were truly outstanding. This was a memorable event that was extremely relevant and definitely worthwhile. I'm sure the presentations will be a wakeup call to all the students on a number of important issues'

**SCOTT LEBENS // Teacher**  
**Kingswood High School**

'Brilliant forum, the boys were completely engaged and really connected to the messages and issues being addressed. This should be a compulsory event for all schools, like cross roads, as it is incredibly relevant and important that young men discuss mental health, healthy relationships, body image and other issues addressed'

**VICKI BREWER // Principal**  
**Castle Hill High School**

'The Young Men's Health Forum has the potential to make a difference to the lives of young people. I am utterly supportive of Conviction Groups' intent, commitment and capacity to change lives, give meaning and provide opportunities for growth'

## PARTNERS //



# RICOH

## SUPPORTERS //

