

THE
YOUNG MEN'S
HEALTH FORUM
SYDNEY NORTH

A FULL DAY OF KEYNOTE SPEAKERS AND
WORKSHOPS FOR YEAR 10 MALE STUDENTS
FRIDAY 22ND OF JUNE 2018

CONV//CT//ON
PEOPLE / STORIES / PERSPECTIVE **GROUP**

VISION //

A generation of empowered young Australians capable of taking responsibility for their personal health.

OBJECTIVE //

The forum objective is to encourage young males to re-evaluate their perspectives on pivotal issues concerning young men's health and provide them with the tools to enhance their decision-making.

SPEAKERS //

The forum utilises expert speakers to inform, engage and influence students on pivotal discussion topics concerning young men's health. These topics include mental health, body image, drugs, violence, resilience and leadership.

GROUPS //

Students will be individually assigned to a group at the forum, and each group will consist of students from different schools. Students will first listen to a set of speakers and then complete small group sessions led by Conviction Group facilitators.

Small group sessions will be used to reinforce key principles, stimulate discussion between students and provide students with the practical tools to deal with any issues related to the discussion topics. Each group facilitator possesses leadership experience and has demonstrated a high standard of integrity within their respective community, workplace or university.

EVENT DETAILS //

DATE: Friday, 22nd of June 2018

TIME: 8:00am – 3:10pm

LOCATION: The Theatre, The Concourse
409 Victoria Ave, Chatswood NSW 2067

AUDIENCE: Year 10 male students

COST: \$40 per attendee (excl. GST)

FOOD: Snacks, morning tea and lunch will be provided

HOW TO REGISTER //

STEP 1 - SCHOOL REGISTRATION FORM

Complete the online registration form here: convictiongroup.org.au/SN18

The registration form will include the following:

- Contact details
- Registration conditions
- Payment conditions
- Number of attendees
- Online signature

STEP 2 - MEDIA PERMISSION, ATTENDEE DETAILS AND PAYMENT

Once the school has submitted their online registration form, schools will receive a return email. Schools must complete 3 mandatory requirements to finalise their attendance at the forum:

1. Media Permission: schools will be required to include a media permission authority into their school permission note. This permission authority will be attached in the return email.
2. Attendee Details: a document with an attendee details table will be attached in the return email. Please complete this table and send the document back to Conviction Group via email by Friday, 1st of June 2018.
3. Payment: an invoice will be sent to schools within two days of the online registration form being submitted. This invoice will be for the value of the total number of attendees registered.



TEACHER FEEDBACK //

KIARA WILSON // Teacher
Killarney Heights High School

'I thoroughly enjoyed listening to the variety of speakers. It was great that they all had a different story and background. The day was extremely well organised. The students were able to sit and listen to wonderful real life stories, but then have regular discussion breaks with people they didn't know. An amazing opportunity for young men'

SAM WHITE // Teacher
Knox Grammar School

'Thoroughly enjoyed it. I believe/hope that the forum will have a profound impact on the young men that attended. The sharing of experiences is a very powerful tool and this impact will have captured the attention the most'

THOMAS FREELAND // Teacher
De La Salle College Ashfield

'Very informative and moving day that all boys will take something away from. It tells the boys that there is always help out there for them and that all they need to do is to have a conversation and speak about their issues'

MICHAEL PAPADAKIS // Teacher
Rose Bay Secondary College

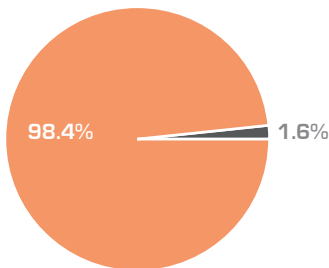
'This forum was simply outstanding! The topics were significant. The speeches were passionate. The structure was excellent. The venue was excellent. The impression on the audience will be profound'

STUDENT FEEDBACK //

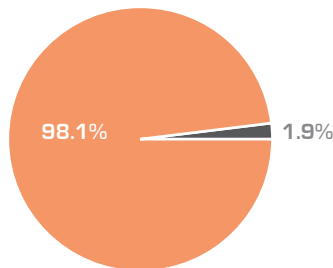
Yes

No

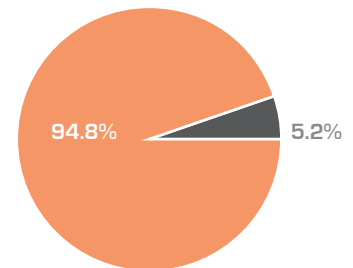
Did you enjoy attending our forum?



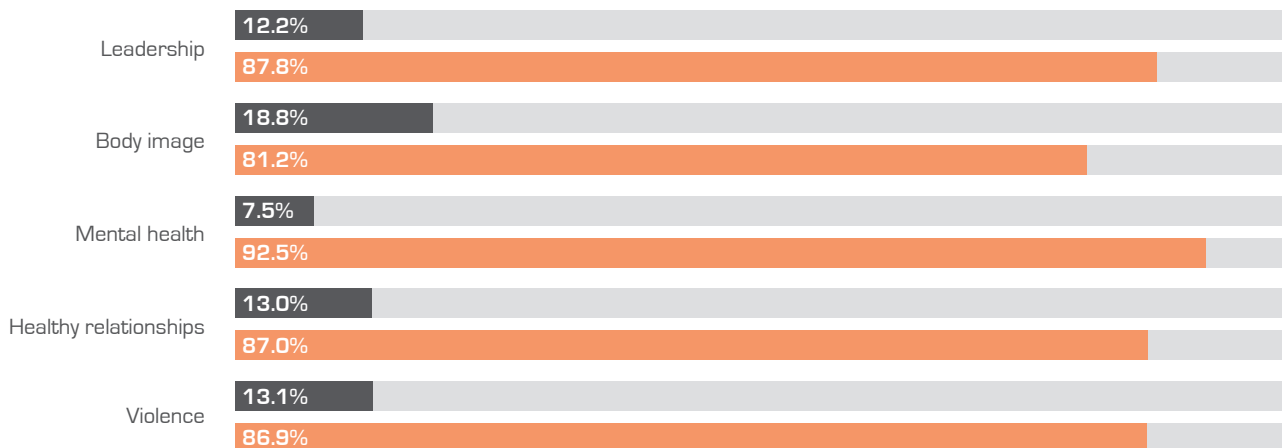
Do you feel comfortable to keep the conversation about young men's health going in your school?



Would you recommend our forum to other students?



Has our forum changed or added to your perspectives on the following discussion topics?



DAN HUNT // Mental Health & Resilience

Dan is a former NRL player who played 9 years and 150 games with the St. George Illawarra Dragons. Dan has been through many life challenges, such as an upbringing of domestic violence, injuries, addiction, mental illness and a career cut short. Through seeking support, educating himself and building resilience through positive coping strategies, he has learnt to manage his mental health and strive to be the best version of himself. Dan founded the Mental Health Movement company that has worked with over 50,000 individuals from different companies and organisations sharing the platform.



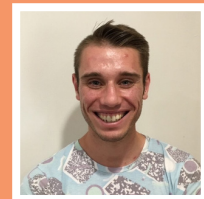
KATHY KELLY // Kindness

Kathy Kelly lost both of her 18-year-old sons in separate and very tragic circumstances. She shares her story to give us an insight into the consequences that violence has had on her family, those who love them and the community as a whole. Kathy aims to educate young men on making good decisions when out having fun and to encourage those feeling isolated to speak out and seek help.



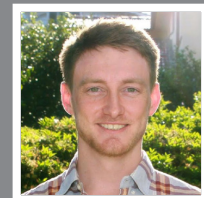
KIERAN BILLETT // Drugs

Kieran Billett is a recent graduate of ONE80TC. Kieran started using drugs and alcohol as early as 12. After Year 10, Kieran started working and soon after, developed a drug addiction; including the use of marijuana and ice. At 19, Kieran ended up in prison. After 8 months, he was accepted into ONE80TC and now has completely turned his life around. Kieran is passionate about sharing his story and aims to encourage young people to live happy and safe lives.



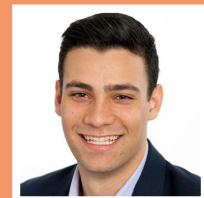
DR. SCOTT GRIFFITHS // Body Image

Dr. Scott Griffiths is a National Health and Mental Research Council Fellow at the University of Melbourne and a Visiting Fellow at the Australian National University. Dr. Scott's research interest is in body image, eating disorders, the use of anabolic steroids, and related psychopathologies. Dr. Scott aims to educate and inform young males about the dangers of steroids, body dissatisfaction and eating disorders.



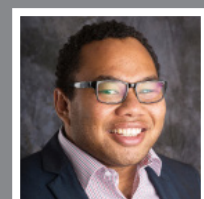
MARCO CAPOBIANCO // Mental Health

Over the past 6 years Marco has worked with thousands of young people as a Mentor, Public Speaker and a Teacher's Aide. Marco co-founded Conviction Group, is currently the Head Mentor of its Boys Mentoring Program and has been recognised as a Pride of Australia Medal - Young Leader Finalist. He aims to break the stigma surrounding mental health and educate young men on the importance of understanding the causes and implications of mental health.



CHRIS LEE // Violence

After a physical altercation on a night out, Chris is now permanently blind in his left eye and had to undergo cheek reconstruction surgery on the right side of his face. Chris co-founded Conviction Group and over the past 6 years has spoken to thousands of young people about risk taking decisions. Chris is an advocate for cultural change who aims to motivate young people to take responsibility for their decision making and capitalise on the opportunity life presents. mental health issues to speak out and seek help.



REGISTRATION CONDITIONS //

ATTENDEE DETAILS DUE: Friday, 1st of June 2018

Media Permission: at each forum, Conviction Group captures moments of the event through photo and video. Due to the size of the event, students may be photographed and/or filmed during the day. All attending students will require media permission from their parent/guardian.

Maximum Attendees: schools may send a maximum of 15 students and 1 accompanying teacher to attend the forum.

Payment: the payment due date is 4 weeks from the date of registration. Please note that given the limited number of seating and schools attending, any booking cancellations or reductions to the number of attendees registered after the online registration form has been submitted will still hold the school liable for full payment.

Feedback Questionnaires: during the forum, students will be asked to complete an online anonymous questionnaire about key health topics, as well as an online forum feedback form. If they have access to one, we kindly ask students to bring a mobile device with internet connectivity to complete these questionnaires. This information will allow Conviction Group to better understand the knowledge young men have regarding various topics and will help improve future programs. All data may be used on print, electronic and/or social media platforms.

Transport: Conviction Group is neither responsible for transport nor parking to and from the venue.

Student Name Changes: whilst a school confirms the number of students attending at the start of the registration process, changes to the attendee details can be made up until Tuesday, 12th of June close of business.

Student Health Conditions: attending teachers are required to ensure that students with health conditions carry with them the appropriate medical aids (e.g. an inhaler if asthmatic).

Consequence for Misbehaviour: Conviction Group expects all attending students to interact respectfully with other students, teachers, and volunteers. Students that repeatedly engage in misbehaviour may have this raised with their accompanying teacher and as a last measure, be asked to leave the forum premises.

Property Theft: Whilst every room is facilitated and supervised by volunteers, Conviction Group is not responsible for any personal property brought to the forum.

Speakers: Whilst all speakers confirm their attendance at the time of confirmation, Conviction Group cannot guarantee their attendance and should they withdraw, schools will be notified immediately. Furthermore, whilst Conviction Group provides speakers with a briefing on their respective topics, the experiences and opinions shared are those of the speaker and Conviction Group does not officially endorse or claim ownership of any content shared by these speakers.

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PARTNERS //



SUPPORTERS //



CONTACT //

